

## **Motion to Council**

### **The Mental Health Challenge**

#### **This council notes:**

1 in 4 people will experience a mental health problem in any given year.

The World Health Organisation predicts that depression will be the second most common health condition worldwide by 2020.

Mental ill health costs some £105 billion each year in England alone.

People with a severe mental illness die up to 20 years younger than their peers in the UK.

There is often a circular relationship between mental health and issues such as housing, employment, family problems or debt.

#### **This council believes:**

To sign the Local Authorities' Mental Health Challenge rub by Centre for Mental Health, Mental Health Foundation, Mental Health Providers Forum, Mind, Rethink Mental Illness, Royal College of Psychiatrists and YoungMinds.

We commit to appoint an elected member as "mental health champion" across the council.

We will seek to identify a member of staff within the council to act as "lead officer" for mental health.

#### **The council will also:**

Support positive mental health in our community, including in local schools, colleges, Keele University, neighbourhoods and workplaces.

Work to reduce inequalities in mental health in our community.

Work with local partners to offer effective support for people with mental health needs.

Tackle discrimination on the grounds of mental health in our community.

Proactively listen to people of all ages and backgrounds about what they need for better mental health.

Sign up to the Time to Change Pledge

Proposed: Cllr Allison Gardner

Seconded: Cllr Ruth Wright